



Service Possibilities for People with Disabilities

Heidi Sandberg and Jensina Rosen, DHS Housing and Support Services Division

Gary Travis and Maria Krynicki, DHS Behavioral Health Division

Amy Carter, Housing Program Manager/ARMHS Treatment Director, Rise



Plan for Your Home, with the Services You Need

Explore your housing options.
Discover what works for you.
Make a plan to get there.

[BUILD YOUR PLAN IN THE VAULT](#) →



Tweets by @HB101_MN

 **HB101 Minnesota** @HB101_MN

Try the free activities in the HB101 Vault. These short activities help you think about your options, build your housing team, and see how you can live in the community. Check it out at mn.hb101.org/vault.htm

Housing Benefits 101

Heidi Sandberg | Human Services Program Consultant

Home

Housing Benefits 101

Your Home. Your Choice.



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[BUILD YOUR PLAN](#) →



- [Get Help Now](#)
- [Do you have a disability?](#)
- [Are you 60 or older?](#)
- [Are you a veteran?](#)
- [Are you homeless?](#)
- [Other?](#)



Moving Out of a Facility, Group Home, or Foster Care

You can live in your own place in the community. Learn about programs and services that can help you make the switch.



Changing Your Home

Fix your current place, or move somewhere else?



Keeping Your Housing

Here are some strategies that may help you stay in your current place.



Homeless Services in Minnesota

Use this map to find homeless services in your area.

Programs & Services

The screenshot displays the 'Programs & Services' page of the HB101 Minnesota website. At the top, there is a banner image of a woman and a child with the heading 'Programs' and the text 'Find programs that can help you pay for housing or get the services you need.' To the right of the banner is a 'Tweets' section by @HB101_MN, featuring a tweet from HB101 Minnesota about the 'HB101 Vault'.

Below the banner, the page is organized into several columns:

- Types of Housing:** The right type of housing for you depends on your situation, needs, and desires.
- Paying for Housing:** Get help from programs that can make housing more affordable.
- Services:** This section is circled in red and includes:
 - Personal Care Assistance (PCA) Program
 - MA-Waiver Programs
 - MA-Waivers: Caregiver Living Expenses
 - MA Housing Stabilization Services
 - Moving Home Minnesota
 - Services Paid for by Housing Support
 - Assistive Technology (AT)
- Other Programs:** Includes HUD Homeless Programs, Veterans Housing Programs, Housing Opportunities for Persons with AIDS (HOPWA), Rural Housing, and Tribal Housing.

At the bottom left, there is a 'Get Help' link.

Partners Tab

Housing Benefits 101
Your Home. Your Choice.

Sign In | Register




f t e m o Search

HOME SITUATIONS PROGRAMS **PLACES** MY VAULT GLOSSARY **PARTNERS**

Partners
updated November 9, 2021

GUIDES BROCHURES VIDEOS TUTORIALS FORUMS

Affordable Housing Resource Guides

- 
Housing Search Tools
[Go to Guide](#)
- 
MN DHS Housing Programs that Help People with Disabilities
[Go to Guide](#)
- 
Ways to Pay for Rent and Housing
[Go to Guide](#)

Housing Brochures

- Housing Support
 - Housing Support: Landlords
 - Housing Support: MSA
- Housing Support and Work
 - Housing Stabilization Services Infographic
 - Housing Stabilization Services (English)
- Housing Stabilization Services (Hmong)
 - Housing Stabilization Services (Somali)
 - Housing Stabilization Services (Spanish)

Housing Program Videos

Minnesota's housing programs can help you pay for housing or get the services you need. These videos introduce some state programs.





The Vault

Plan for Your Home, with the Services You Need

Explore your housing options.
Discover what works for you.
Make a plan to get there.


[BUILD YOUR PLAN IN THE VAULT →](#)






HB101 Places

Find the right home + services for you.



Homeless Services in Minnesota


Use this map to find Coordinated Entry access points in your area.



RentHelpMN

COVID-19 Emergency Rental Assistance helps


Tweets by @HB101_MN

 **HB101 Minnesota** @HB101_MN

The most recent Housing Best Practices Forum was a panel discussion of "Lessons Learned: Takeaways from Homeless Response During COVID-19."

Watch it at mn.hb101.org/partners.html#f...

Nov 10, 2021

 **HB101 Minnesota** @HB101_MN

MNbenefits.mn.gov is an easy new online application for SNAP, Emergency Assistance, Housing Support, Child Care Assistance, Diversionary Work Program, GA, MFIP, MSA, and Refugee Cash Assistance. Learn more about it at mnbenefits.mn.gov

Benefits Lookup

Housing Benefits 101
Your Home. Your Choice.

Sign In | Register

f t b e q Search

HOME SITUATIONS PROGRAMS PLACES MY VAULT GLOSSARY PARTNERS

My Vault

Make a housing plan that works for you. The Vault is free, private, and secure.

[SIGN IN](#) →

Welcome to the Vault

The Vault offers quick and easy activities that help you answer key questions as you look for housing:

- How do I get started?
- Does the money add up?
- What do I want in a new place?
- **What help do I need?**
- How can I make a good impression?

Everything you save in your Vault is yours and only you can share it with others.

[Sign in or register to work with your Vault.](#)

See how the HB 101 Vault can help you:

HB101: Get a Vault Account

Contact Us: 1-888-333-2466

Sign In Register What's This?

HOME MY SITUATION PROGRAMS & SERVICES MY VAULT GLOSSARY PARTNERS

Plan for Your Home, with the Services You Need

Explore your housing options. Discover what works for you. Make a plan to get there.

[BUILD YOUR PLAN IN THE VAULT](#) →

Minnesota HB101: Get a Vault Account

mn.hb101.org

mn.db101.org

disabilityhubmn.org

Watch on YouTube

Tweets by @HB101_MN

HB101 Minnesota @HB101_MN

Learn about Minnesota Supplemental Assistance and Special Needs Payments at the June 15th Housing Best Practices Forum. Get more details and register: connect.govdelivery.com/accounts/MNCHHS...


Benefits Lookup

Paths Files Contacts Shares 26


Planning Paths

Pro Session using: My own data


Choose a contact from the list above to do vault activities on their behalf.




I GET TO DECIDE
How do I get started?




HOUSING BUDGET
Does the money add up?




HOUSING NEEDS & WANTS
What do I want in a new place?




MY DAY, MY LIFE
What help do I need?



PRESENT MYSELF
How can I make a good impression?



LIVE WITH SOMEONE
How can sharing a place work for me?



HOUSING SUSTAINING PLAN
How do I keep my place?

Paths Files Contacts Shares

HOUSING BUDGET

Does the money add up?

Follow this path if you:

- Are thinking about moving
- Want to live in your own place
- Aren't sure what you can afford

- ▶ Get a Benefits Lookup
- ▶ Options for Paying for Your Own Place
- ▶ My Full Budget

My Plan

Get a Benefits Lookup Options for Paying for Your Own Place My Full Budget Housing Budget Plan

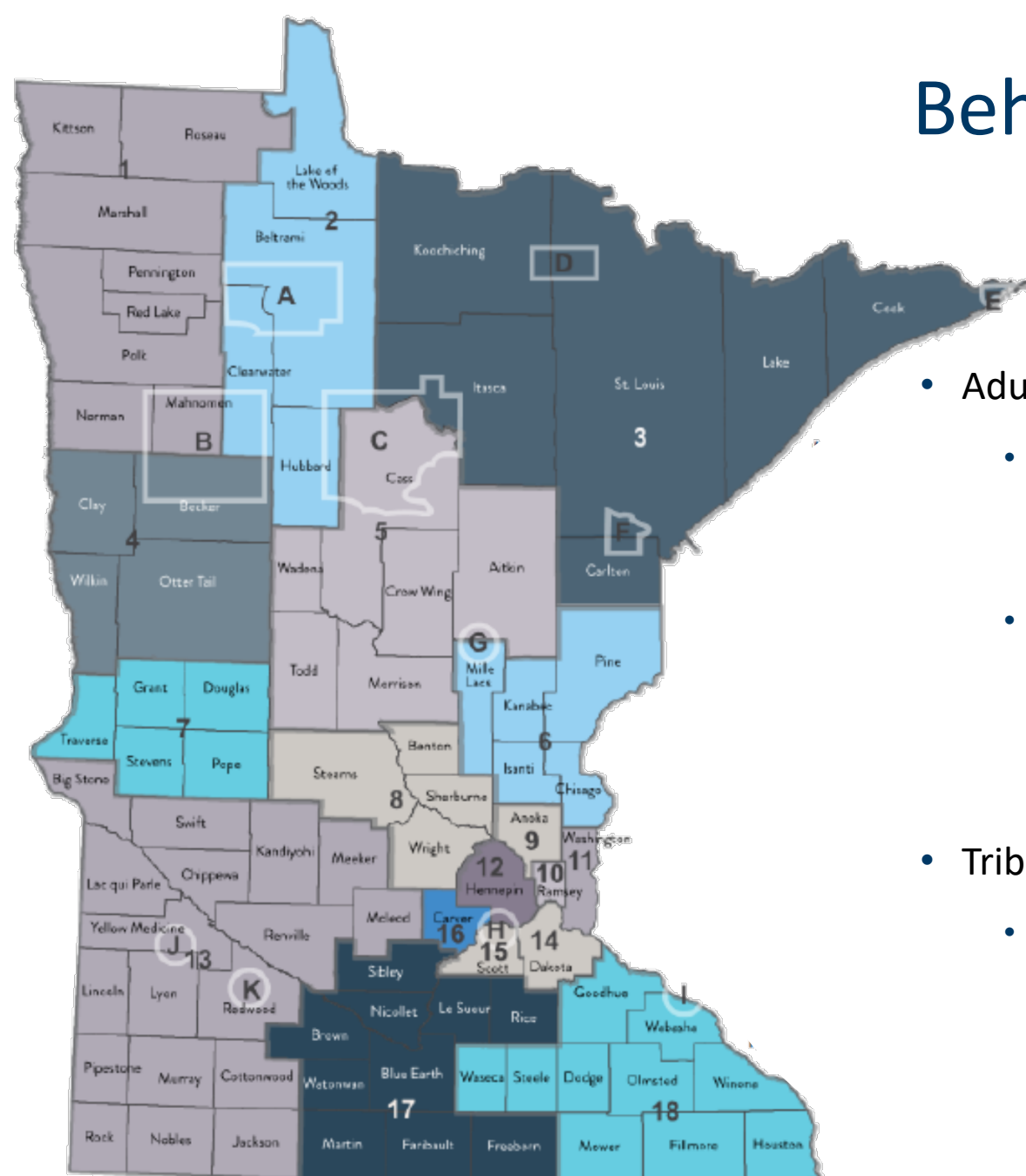


Behavioral Health Connections

Gary Travis, Behavioral Health and Housing Policy Lead

- Behavioral health system partners
 - Partners that are vital for connecting people to programs and services
- Behavioral Health Division homeless and housing programs
 - Programs and partnerships that support people with behavioral health needs
- Crisis response services and resources
 - Programs and resources to assist people in mental health crisis or dealing with addictions

Behavioral Health System Partners



- **Adult Mental Health Initiatives (AMHI)**

- Regional collaborations charged with overseeing adult mental health services and funding to counties and tribal governments in their area
 - Critical partners for coordinating and assuring access to mental health services and supports
- 19 AMHIs made up of single county, county collaborations, single tribe, or tribal and county collaborations
 - DHS [AMHI webpage](#) and [AMHI map](#) handout
 - Email questions about AMHIs and for contact information to mn_dhs_amhi.dhs@state.mn.us

- **Tribal Nations**

- 12 Minnesota tribal nations, Twin City American Indian communities, and the Minnesota Tribal Collaborative
 - Contact and service information can be found at DHS [Tribal information](#)

More Behavioral Health System Partners

- Certified Community Behavioral Health Clinics (CCBHC)
 - A new service delivery model that integrates mental health, substance use disorder services, and care coordination to ensure seamless transitions for individuals across the full spectrum of health and social services
 - Minnesota CCBHC federal demonstration from 2017 to 2019 began with 6 certified clinics
 - Expanded to 13 CCBHCs located in the Metro and across Minnesota
 - 10 current CCBHCs and 3 in the process of becoming certified
 - DHS [CCBHC information](#), including a listing of certified providers, contact information, and a [CCBHC summary and map](#) handout

Homeless and Housing Programs

- Crisis Housing Assistance Program (fka Crisis Housing Fund)
- Projects for Assistance in Transition from Homelessness (PATH)
- Housing with Supports for Adults with Serious Mental Illness (HSASMI)
- Bridges, Bridges Regional Treatment Center, and other program partnerships

Crisis Housing Assistance Program

- Provides short term housing assistance to prevent homelessness while a person receives needed behavioral health hospital or residential treatment
 - Housing assistance covers housing related expenses such as rent or mortgage, lot fees, and utilities for up to 90 days
- Eligibility criteria
 - Adults with serious mental illness or co-occurring substance use disorder
 - Be of low or moderate income
 - Admitted to a facility for mental health or substance use treatment
- In 2020 there were 304 people served
- **The program is temporarily unavailable** until a new agency contract is established

Projects for Assistance in Transition from Homelessness

- A federal McKinney–Vento Homeless Assistance Act of 1987 program that requires a state service match
- PATH provides outreach, case management, and other services and resources for people to help them prevent or transition out of homelessness
- Eligibility criteria
 - People with serious mental illnesses or co-occurring substance use disorder who are homeless or at imminent risk of homelessness
 - Prioritizes services for people who are literally homeless with complex needs and barriers
- 7 grantees located across the state including the metro (4) and greater Minnesota (3)
 - A service area map and current provider contact information is available on the DHS [PATH website](#)
- In 2020 there were 2,187 contacted by PATH, 681 people were enrolled

Housing with Supports for Adults with Serious Mental Illness

- Program services help people to obtain and retain permanent supportive housing
 - Services include housing transition and tenancy sustaining services, site-based housing services, outreach services, and direct assistance
 - Services must link people to evidence-based permanent supportive housing
- Eligibility criteria
 - People with serious mental illness, or co-occurring substance use disorder, and the highest needs and barriers who are exiting segregated settings, are long term or chronic homeless, homeless, or at imminent risk of homelessness
- 29 projects located across Minnesota including metro (13) and greater MN (16)
 - The current service access is primarily through the Coordinated Entry system for people eligible for permanent supportive housing
- In 2020, across 42 HSASMI projects, there were 1,625 people served
 - 593 in the metro and 1,031 in greater Minnesota

- Request for Proposal opportunity projected for January/February 2022
 - Approximately \$2.25 M in funding per year
- The availability of the Housing Stabilization Services is helping to expand the HSASMI required and optional services:

Required Services	Optional Services
Housing transition and tenancy sustaining	Outreach service
Site-based housing service	Community support services
General case management	Direct assistance

- A limited amount of capacity building funding to increase the availability of the Housing Stabilization Services and to develop or expand available housing
- Will be published to the DHS [Open grants, RFPs and RFIs](#) website

HSASMI RFP Priorities

- People with serious mental illness, or co-occurring substance use disorder
- Three homeless criteria
 - People residing in an institution or other segregated setting who will be homeless upon discharge.
 - People experiencing homelessness for one year or more, or multiple times in the last three years, or have been prioritized for permanent supportive housing by the Coordinated Entry system.
 - People experiencing or at imminent risk of homelessness.
- Four behavioral health priorities – at least one behavioral health priority is required
 - **Program linkage** to state homeless and housing programs serving people with mental illness
 - **Peer services** by Certified Peer Specialists or Certified Peer Recovery Specialists
 - **Veterans** by partnership with the Minnesota Homeless Veteran Registry and with Veteran peer services
 - **Equity** through being a [targeted organization](#) or by partnership with a targeted organization
- HSASMI contact BHD.Housing.DHS@state.mn.us

Housing Partnerships

- Minnesota Housing
 - Bridges program and Bridges Regional Treatment Center demonstration program
 - HUD Section 811 program
 - Units and federal rental subsidies for people served by Moving Home MN, PATH, or who are long term homeless
 - Partnership includes MN Housing and DHS areas of Housing and Support Services Division and the Moving Home MN Program
- Housing and Support Services Division
 - Housing Stabilization Services – Minnesota Health Care Program to provide housing services for people with disabling conditions
 - SOAR (SSI/SSDI Outreach, Access and Recovery) – Assistance with applying for Social Security disability benefits
 - Opioid Response grants partnered with homeless outreach to help people attain and retain permanent supportive housing

Mental Health Crisis Services

- [Crisis Text Line](#) available 24/7 statewide
 - Text MN to 741741
- Mental health crisis response includes phone and mobile [crisis services](#)
 - Adult crisis [map and directory](#)
 - Children's crisis [map and directory](#)
- Adult Residential Crisis Stabilization available 24/7, for up to 10 days, for crisis treatment
- [National Suicide Prevention Lifeline](#) is a toll-free number: 800-273-TALK (8255)

Alcohol, Drug, and Addiction Services

- [Alcohol, drugs and addictions](#) information, programs, and resources
 - [Get help](#) to find, pay for, and learn about drug, alcohol, and addiction treatment services
- [Working together to end the opioid epidemic](#) information about the effort to address the opioid crisis
 - Get help with opioid information and treatment at [knowthedangers.com](https://www.knowthedangers.com)
- [Problem gambling](#) information, programs, and resources
 - Get help with problem gambling at [getgamblinghelp.com](https://www.getgamblinghelp.com)
 - Call 800-333-HOPE for free, confidential information, and referral to services, or text HOPE to 61222
- Search for mental health and substance use resources with [FastTrackerMN.org](https://www.FastTrackerMN.org)



Transition to Community Initiative

Maria Krynicki, Transition to Community Initiative Lead

Transition to Community Initiative

Increased Waiver dollars if the current allocations are insufficient to meet the needs of the person returning to a community setting

Grants to Counties and Technical Assistance

Whatever it Takes (WIT) Grantees:
Olmsted County, RADIUS Health, REM and Tasks Unlimited

NEW
Extending eligibility to individuals who are in Community Psychiatric units or CBHH's on the AMRTC waiting list and could return to the community without treatment at AMRTC or FMHP

For more information or to make a referral for the Transition or WIT program please contact:

Maria Krynicki, MSW, LICSW

Phone: 651.431.6413

Email: maria.krynicki@state.mn.us



Agency Relationship Mapping

Intersections between Homelessness and Housing Programs



Introduction

- Amy Carter – Rise Housing Program Manager
 - acarter@rise.org
- Experience:
 - 13 years at Rise
 - 25 years in housing
- About Rise
 - 50 years – founded in 1971
 - Central Minnesota in 1998
 - Housing, employment services, ARMHS in Central MN
 - Mission:
 - Rise unlocks potential and opens doors to success for people with disabilities or other challenges through creative solutions and customized support
 - Vision:
 - We envision a progressive, supportive, and collaborative environment that fosters meaningful growth and provides opportunities to live a life filled with purpose.





About Rise in Central MN

Staff:

- 3 FT Housing Support Specialists
- 5 FT Mental Health Practitioners – ARMHS

Geography:

- Region 7W – Stearns, Sherburne, Benton and Wright Counties
- Region 7E – Chisago, Isanti, Pine, Kanabec and Mille Lacs Counties
- Anoka – ARMHS Only





How is Rise's Housing Work Funded?

- Braiding together various government funding streams.
- 30% of persons served receive services from multiple programs (employment, housing, mental health)
- Government funding has strings, but gives access to leaders and seat at the table (worth the work)
 - Example: RentHelpMN

Public Funder	Funder/Coalition	Years Funded
Adult Mental Health Initiatives (AHMI)	DHS	c. 2005-
Housing with Supports for Adults with Serious Mental Illness (HSASMI)	DHS	2008-2022
Family Homeless Prevention and Assistance Program (FHPAP)	MN Housing (LSS is main grantee)	c.2009-
Housing Stabilization Services (HSS)	DHS, MA	2020-
ARMHS	DHS, MA	c. 2008-
RentHelpMN	MN Housing	2021-



Leveraging Private Funding

- Private funding usually fills in gaps
 - E.g. transportation funds, one-time employment expenses, household essentials
- Reach out the grantwriter with needs; she finds us the funding
- Sometimes, you need to get creative.
- Hard to find private funders who will support a new program in Central Minnesota

Private Funders	Dates	Largest Grant Amount	What is it funded?
Americorps	2008-2012		Benefit Navigation
Initiative Foundation	2019-	\$5000	Direct client assistance
Stearns Electric Trust	2018	\$1000	Direct client assistance
Benton Telecom	2019-	\$10,000	Direct client assistance
Midco Foundation	2017-	\$1500	Direct client assistance
Memorial Hospital Fund	2021-	\$5000	Community-based health and wellness opportunities
STARS	2009	\$10,000	Youth services
Otto Bremer Trust	2010-	\$50,000	Re-Entry
United Way	2017	\$1200	Federal-level training
Medica Foundation	2021	\$50,000	Re-Entry

Intersections

- Knowledge is Key
 - What resource guides already exist?
 - Who is doing similar work?
 - What is missing?
- Network to increase capacity
 - Break down silos
 - Avenues for connection across agencies
- Who do you need to partner with?

Examples: Housing Authorities, Emergency shelters, County agencies, Landlords, Outreach workers, food shelves, School districts, Legislators, mental health agencies, Department of Corrections, law enforcement, disparately impacted populations, LGBTQ groups.



Crystal (left) appreciates the support she receives from Rise's Ann Hill, and is excited to be nearing her one-year work anniversary in March.

Our Relationships and Their Strategic Benefits



- Maintaining partnerships to ensure you know what resources are available in the community
 - Valuable even if the partner org doesn't fund you.
- Example: Central Region Continuum of Care
 - c. 2010
 - Rise receives no funding.
 - Learn about housing programs in region.
 - Learn policies for Coordinated Entry and other processes.
 - Shape policy through volunteer/leadership.
 - Occasional funding opportunity.



Our Relationships and Their Strategic Benefits

- Family Homeless Prevention and Assistance Program – FHPAP
 - c. 2009 – subgrantee for 2 FHPAP projects (Lakes and Pines, Central MN)
 - Leadership roles:
 - Chair of the Advisory Committee for both regions;
 - Advisory Committee Secretary
 - Membership sub-committee
 - Knowledge Gained: agencies from housing, vocational, mental health, schools, DV, Counties, state orgs, shelters, aging, youth and many more
 - Benefits to Rise's Service Delivery



Our Relationships and Their Strategic Benefits

- Adult Mental Health Initiatives AMHI – Region 7E
 - 15 years - direct funder for one of our most successful housing programs.
 - Benefits: Flex Funds, DHS Crisis Housing Fund, LTHSSF, Path program, MHIS Collaboration, MSA Housing, Housing with Support; scattered site and supplemental supports, Bridges, HSS, access to amazing resource guides.
 - Local Advisory Council (LAC) -consumer-driven with focus on direct need of the persons we serve.
 - Interdisciplinary team meetings amongst Targeted Case Managers, Mental Health providers, vocational support and housing support specialists for shared individuals.

Pandemic Lessons



- Listen Louder – phone triage skills.
- Teach and standardize phone etiquette for staff
- In person protocols during Stay-at-Home order

Pandemic Impact



- Increase in isolation, anxiety and depression
- More frequent contact.
 - Easier access to staff by phone.
 - Reduced staff travel increases availability
- Technology and IT critical for transition



Thank You!

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